

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Lakes Life Care Center, Forest Lake

Contact: Jill Wagner

Phone and Email: 651-464-0262 jillmarwagner@gmail.com

Goal: To Support, encourage and assist women in carrying their pregnancies to term, and to assist in caring for their babies after birth of the Forest Lake and surrounding communities.

For the period/quarter: October 1, 2017-December31, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to all grant staff Attend required grant meetings Hire and train volunteers and staff as needed Staff assessment Other staff administrative duties		We received a new ultrasound machine and all of our volunteer nurses received training on this new machine. Trained all staff and volunteers about all of the social service resources in our community that we can be referring our clients to.	
Outreach	Advertising and publicity ventures Community education and contact activities Efforts at increasing capacity		Got in contact with all social service agencies in our area to verify their contact info, services and to make sure they had our information. All of this information has been compiled into a book to make it an easy reference for all staff and volunteers	
Car Seat Program	Activities: Provide car seat education, car seat installation and car seat distribution to	3	We have been referring clients to the Forest Lake Police Dept for help in this area. We have a car seat clinic coming up in April and will be providing several clients with car seats and training.	0

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Parenting Education	<p>Program name: Earn While You Learn and Parent Support Group</p> <p>Activities: Earn While You Learn and parenting support groups:</p> <p>Some topics include: Infant care, Discipline, Happiest Baby, Finding appropriate Child Care, Insurance needs, budgeting, bonding with your child, benefits of breastfeeding</p> <p>Provide incentives for participation – diapers, wipes, formula, baby clothes & equipment and maternity clothing.</p>	30	Clients who recently had their babies are slow to return to their class schedule. Cold weather plays a part in this as clients do not want to take their newborns out into the cold to attend classes.	29
Pregnancy Education	<p>Program name: Earn While You Learn and Parent Support Group</p> <p>Activities: Earn While You Learn, parenting support classes:</p> <p>Some topics include Prenatal classes (as a learning activity, not prenatal medical care), Childbirth education classes, Smoking cessation, Alcohol/drug cessation, Prenatal nutrition, Your developing baby, Ultrasounds, Reducing the risk of SIDS</p>	30	We have had 2 more prenatal clients join this program this quarter. Clients are coming weekly and all 5 teaching volunteers have regular clients that they are seeing. Volunteers are reporting that their clients are asking good questions and are very interested in learning.	48
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing</p>	3	We provide assessment on all clients we see, most of which will utilize our program services in some way. In the last quarter we have given outside referrals for: Baby Blanket, Community Helping Hand, Food Shelf, workforce center, and MN Sure. We keep an updated referral list and	5

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
	pregnancy support services. Utilize resource database to provide information and make referrals		visit social service agencies before we add them to the list.	
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	3	Most clients that come in for help are also receiving help with in our program. Through coming to classes, ultrasound, etc...we are able to provide them with the necessary services that they need and are available in our area.	5
Ultrasound	Activities: Limited Obstetrical Ultrasounds, client assessment, intake and counseling	12	We had 20 pregnancy tests this quarter and of those 20 tests 17 of them were positive. We were able to get all of those clients to come back for an ultrasound.	17

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: Cold weather always becomes an issue this time of year. Many of our clients walk to the center for services or have older cars that do not work well in the cold weather so some of our clients have had difficulty getting to us for services. We do not have a bus line or other any other form of public transportation in our community available to clients.

Comments:

Our new ultrasound machine arrived! Our nurses have received training for this new machine and the scans they are doing are wonderful. We are amazed at how much clearer the pictures are and so are our clients.

We have a new client couple this quarter who came to us with dire needs. Both are teenagers, unemployed and high school drop outs. This young gal is pregnant and 19. They do not have a regular residence or a vehicle to get them around. This couple came to us for a pregnancy test and an ultrasound. Despite their difficulties they are coming into the center each week for classes. Through this time with them we were able to educate them about their pregnancy, provide her with prenatal vitamins, give them doctor references and help them secure insurance so she could start receiving prenatal care. The young man has started in our dad's program where we hope to help him with some life skills like finding employment. We are working closely with this couple and are hoping for a bright future for them.